

Restoring Heritage Grains The Culture Diversity And Resilience Of Landrace Wheat

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In Restoring Heritage Grains, author Eli Rogosa, of the Heritage Grain Conservancy, invites readers to pore over a menagerie of forgotten grains: diverse, landrace wheat varieties such as emmer, a strain domesticated in the Fertile Crescent that is perfect for pasta and flatbreads; mirabil, or the miracle wheat ; durum, a high-protein, low-gluten variety; and Indian wheat, also known as shot, a rare species that is drought-tolerant and high in protein.

~~Restoring Heritage Grains: The Culture, Diversity, and ...~~

Restoring Heritage Grains: The Culture, Biodiversity, Resilience, and Cuisine of Ancient Wheats eBook: Rogosa, Eli: Amazon.co.uk: Kindle Store Select Your Cookie Preferences We use cookies and similar tools to enhance your shopping experience, to provide our services, understand how customers use our services so we can make improvements, and display ads.

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In Restoring Heritage Grains, author Eli Rogosa of the Heritage Grain Conservancy, invites readers to restore forgotten wheats such as delicious gluten-safe einkorn that nourished the first...

~~Restoring Heritage Grains: The Culture, Biodiversity ...~~

Yet the robust, majestic wheats that nourished our ancestors are on the verge of extinction.In Restoring Heritage Grains, author Eli Rogosa of the Heritage Grain Conservancy, invites readers to restore forgotten wheats such as delicious gluten-safe einkorn that nourished the first Neolithic farmers, emmer--the grain of ancient Israel, Egypt, and Rome that is perfect for pasta and flatbreads, rare durums that are drought-tolerant and high in protein, and many more little known wheat species ...

~~Full E-book Restoring Heritage Grains: The Culture ...~~

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~~Restoring Heritage Grains: The Culture, Biodiversity ...~~

The text of Restoring Heritage Grains is nicely supplemented with images that visually demonstrate the diversity of these ancient grains. The book also includes a useful resources section with information about seed banks, and -- perhaps best of all -- a selection of recipes that make use of heritage grains.

~~Restoring Heritage Grains: The Culture, Biodiversity ...~~

Restoring Heritage Grains combines the history of grain growing and society, in-depth practical advice on landrace wheat husbandry, wheat folk traditions and mythology, and guidelines for the Neolithic diet with traditional recipes for rustic bread, pastry and beer. Discover the ancient grains that may be one of the best solutions to hunger today, and provide resilience for our future.

~~Restoring Heritage Grains by Eli Rogosa | Chelsea Green ...~~

In Restoring Heritage Grains, author Eli Rogosa, of the Heritage Grain Conservancy, invites readers to pore over a menagerie of "forgotten" grains: diverse, landrace wheat varieties such as emmer, a strain domesticated in the Fertile Crescent that is perfect for pasta and flatbreads; mirabil, or the "miracle wheat"; durum, a high-protein, low-gluten variety; and Indian wheat, also known as ...

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~~Restoring Heritage Grains: The Culture, Biodiversity ...~~

Restoring Heritage Grains is a fascinating and valuable resource on ancient grains, from their taxonomy to cultural history, sustainable farming techniques and even recipes. The book is well indexed and the references are extensive.

~~Amazon.com: Customer reviews: Restoring Heritage Grains ...~~

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~~Restoring Heritage Grains : The Culture, Diversity, and ...~~

Traditional Owner and Malgana Land and Sea Ranger Nick Pedrocchi said the ranger program is restoring a sense of belonging, enabling Malgana peoples to reconnect to country, culture and language. Dr Sinclair hopes the collaboration between UWA scientists and the Malgana rangers will have a bright future as it expands to research areas beyond seagrass.

~~Indigenous knowledge influences seagrass restoration ...~~

The ancestral homes of Golden Age heroes Raj Kapoor and Dilip Kumar in the northwestern city are symbols of its link to the world ' s largest film industry, but have suffered from decades of neglect.

~~Inside the operation to restore the Peshawar homes of ...~~

This study is part of the MATERPAT Project- " New functional materials based on encapsulation techniques for the prevention, conservation and restoration of cultural heritage " (RTC-2015-3916-6), funded by the Ministry of Economic and Business Affairs. Adri á n Pastor, Beatriz G á miz, Manuel Cruz-Yusta, Luis S á nchez, Ivana Pavlovic.

~~Archaeology: A more resistant material against ...~~

The legendary Great Wall of China continues to slowly deteriorate despite its status and the efforts of Beijing to preserve the piece of cultural heritage. Yet, while some parts of the wall enjoy increased attention in terms of maintaining the structure ' s condition, others do not.

~~Fluffy Jesus and Clued Tutankhamun: Seven Cultural ...~~

Recently, the reporter learned from the World Cultural Heritage Dazu Rock Carvings Research Institute that the largest statue of Sakyamuni Nirvana in Dazu Rock Carvings, also known as the reclining Buddha, has completed water damage control and will start the overall restoration. Dazu Rock Carvings is famous for its grand scale, exquisite carvings, diverse themes, and well-preserved.