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Marcus Aurelius Antoninus (/ ˈ m ɑː r i ʊ s / -REE-lee-ʊs; 26 April 121 – 17 March 180) was Roman emperor from 161 to 180 and a Stoic philosopher. He was the last of the rulers known as the Five Good Emperors (a term coined some 13 centuries later by Niccolò Machiavelli), and the last emperor of the Pax Romana, an age of relative peace and stability for the Roman Empire.

~~Marcus Aurelius - Wikipedia~~

Marcus Aurelius tells us that we instead need to focus on our own thoughts, attitude, and action because that is the most powerful way to move our life forward. Let's always be very clear about our perception or judgment of our life goals so we can go after things that truly matter. 4) Others' Opinion vs.

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Marcus Aurelius is said to have been fond of quoting Plato's dictum, and those who have written about him have rarely been able to resist applying it to Marcus himself.

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