

Heart Drops Of Dharmakaya Dzogchen Practice In The Bon Tradition

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The Teachings of the Progressive Great Perfection called the Heart Drops of Dhannakaya ('od gsal rdzogs-pa chen po'i lam-gyt rim-pa khrid-yig kun-tu bzang-po'i snying-tig shes-bya-ba bzhugs) Translation and commentary by Lopon Tenzin Namdak Introduction by Per Kvaerne Edited by Richard Dixey 180 pages

Heart Drops of Dharmakaya | Shambhala

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The Heart Drops of Dharmakaya practice manual was composed by Shardza Tashi Gyaltsen, a great Tibetan scholar and Dzogchen master who achieved the rainbow body in 1935. Shardza Rinpoche was one of the most influential Bön teachers of his time, who gave teachings to students of other schools of Tibetan buddhism as well.

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Heart Drops of Dharmakaya: Dzogchen Practice of the Bön Tradition.

A complete Dzogchen meditation manual from the oldest Tibetan tradition.

A classic collection of writings on the meditation practice and theory of Dzogchen, the Great Perfection, by the celebrated fourteenth-century scholar and adept Longchen Rabjam (Longchenpa). This classic collection of texts on the meditation practice and theory of Dzogchen presents the Great Perfection through the writings of its supreme authority, the fourteenth-century Tibetan scholar and visionary Longchen Rabjam. The pinnacle of Vajrayana practice in the Nyingma tradition of Tibetan Buddhism, Dzogchen embodies a system of training that awakens the intrinsic nature of the mind to reveal its original essence, utterly perfect and free from all duality—buddha nature, or buddhahood itself. In The Practice of Dzogchen, Tulku Thondup translates essential passages from Longchen Rabjam ' s voluminous writings to illuminate and clarify this teaching. He also draws on the works of later masters of the tradition, placing Dzogchen in context both in relation to other schools of Buddhism and in relation to the nine-vehicle outline of the Buddhist path described in the Nyingma tradition. This expanded edition includes Counsel for Liberation, Longchenpa ' s poetic exhortation to readers to quickly enter the path of liberation, the first step toward the summit of Dzogchen practice.

Explaining Dzogchen teachings for the Western audience, this text provides a study and translation of the 'Authenticity of Open Awareness', a foundational text of the Bon Dzogchen tradition. This book provides an introductory and explanatory material that situates it in the context of Tibetan thought.

Dzogchen--the oft-misunderstood Tibetan meditation practice--is dissected in great detail here, revealing the buried rational origins and interpretation of this spiritual practice. Original.

This Book Will Be Of Great Help To Readers Wishing To Find A Clear Explanation Of The Bon Tradition Of Tibet Especially With Regard To Its Presentation Of The Teachings Of Dzogchen.

Dzogchen, a tradition of the Nyingma school of Tibetan Buddhism, is considered by many to be an extremely powerful path to enlightenment. This ground-breaking book offers translations of four sacred texts of the Dzogchen tradition: Secret Instruction in a Garland of Vision, The Flight of the Garuda, Emptying the Depths of Hell, and the Wish-Granting Prayer of Kuntu Zangpo. With an informative introduction by the translator, Flight of the Garuda is an invaluable resource for both practice and scholarship. Flight of the Garuda conveys the heart advice of one of the most beloved nonsectarian masters of Tibet. Ordained as a Gelug monk, the itinerant yogi Shabkar was renowned for his teachings on Dzogchen, the heart practice of the Nyingma lineage. He wandered the countryside of Tibet and Nepal, turning many minds toward the Dharma through his ability to communicate the essence of the teachings in a poetic and crystal-clear way. Buddhists of all stripes, including practitioners of Zen and Vipassana, will find ample sustenance within the pages of this book, and be thrilled by the lyrical insights conveyed in Shabkar's words. Along with the song by Shabkar, translator Keith Dowman includes several other seminal Dzogchen texts. Dzogchen practice brings us into direct communion with the subtlest nature of our experience, the unity of samsara in nirvana as experienced within our own consciousness. Within the Nyingma school, it is held higher than even the practices of tantra for bringing the meditator face to face with the nature of reality.

Dzogchen, the Great Perfection, is the highest meditative practice of the Nyingma School of Tibetan Buddhism. Approaching the Great Perfection looks at a seminal figure of this lineage, Jigme Lingpa, an eighteenth-century scholar and meditation master whose cycle of teachings, the Longchen Nyingtig, has been handed down through generations as a complete path to enlightenment. Ten of Jigme Lingpa's texts are presented here, along with extensive analysis by van Schaik of a core tension within Buddhism: Does enlightenment develop gradually, or does it come all at once? Though these two positions are often portrayed by modern scholars as entrenched polemical views, van Schaik explains that both tendencies are present within each of the Tibetan Buddhist schools. He demonstrates how Jigme Lingpa is a great illustration of this balancing act, using the rhetoric of both sides to propel his students along the path of the Great Perfection.

This Volume Covers Translations Into English Of Some Selected Texts Of The Oral Tradition From Zhang-Zhung Which Include Not Only The Biographies Or Haggiographics Of The Principal Early Masters, But Also The Very Words Of That Ponchen Taphrista Addressed To His Disciple, Nangzher Lodpo. 2 Parts - The History And Lineages - The Literature Of The Zhang-Zhung Nyan-Gyud Cycle - 4 Appendices.

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